LCH
LOCKGATE COFFEE HOUSE

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PRESENTS

PHYSIOTHERAPIST LED

PILATES

TUESDAYS 9:30 - 10:30

£7.50 (INCLUDES FREE DRINK)

STARTING 17TH APRIL

WHITCHURCH RD
BEESTON BROOK
TARPORLEY
CW6 9NJ

CONTACT VICKY FOR MORE DETAILS:

WELLBEINGANDPILATES@GMAIL.COM

07975 533 908